

Nutrition Facts

4 servings per container

Serving size

5 tots

Amount Per Serving

Calories

80

% Daily Value*

Total Fat 4g	5%
Saturated Fat 1.829g	9%
<i>Trans</i> Fat 0.065g	
Polyunsaturated Fat 0.339g	
Monounsaturated Fat 1.829g	
Cholesterol 55mg	18%
Sodium 80mg	3%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 5g	10%
Vitamin D 0.314mcg	2%
Calcium 70mg	6%
Iron 0.669mg	4%
Potassium 189mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.